**Reflection C**

Prompt:

As you complete Module 6, take a moment to reflect on your learning experiences and growth in the middle stages of this course. Review your work and achievements from Modules 4-6 and consider the key insights, skills and strategies you've gained. Identify areas where you've made significant progress as well as opportunities for further improvement and development.

Format:

Written reflection (500-750 words), or mind map reflection (1-2 pages), or video or audio reflection (3-5 minutes)

Guiding questions:

1. What have been the most meaningful or transformative learning experiences for you in Modules 4-6 and why?
2. How have you applied the concepts, tools and techniques covered in these modules to your work or personal projects, and what impact have they had?
3. What challenges or setbacks have you faced and how have you adapted your approach or mindset to overcome them?
4. In what areas do you feel you've made the most significant growth or breakthrough and what factors have contributed to this progress?
5. How have the topics and skills covered in Modules 4-6 built upon or expanded your earlier learning in this course? What new connections or insights have you gained?